

**Capital Area Human Services District Board Meeting  
February 4, 2019**

**Directors Present:** Thomas Sawyer, Chair; Kathy D’Albor, Vice Chair; Laverne Aguillard; Christy Burnett; Dana Carpenter, PhD; Becky Katz; Genny Nadler Thomas; Virginia Pearson; and Rikki Permenter, PhD

**Directors Absent:** Rev. Louis Askins; Amy Betts; Gerri Hobdy; Gail Hurst; Vickie King; and Gary Spillman

	<b>RESPONSIBLE PERSON</b>	<b>DISCUSSION</b>	<b>FOLLOW-UP</b>
Approval of the February 4, 2019 Consent Agenda and Approval of the Minutes for January 7, 2019.	Mr. Sawyer	<p>Mr. Thomas Sawyer, Board Chair, called the meeting to order at approximately 1:29 p.m. A quorum was present.</p> <p>Dr. Kasofsky thanked the Board members for coming to the meeting.</p> <p>Ms. V. Pearson made a motion to approve the February 4, 2019, Consent Agenda and the Minutes for January 7, 2019. Ms. C. Burnett seconded the motion.</p>	There were no objections and the motions passed.
Public Comment	Mr. Sawyer	<ul style="list-style-type: none"> <li>There was no public comment.</li> </ul>	
Communications	Dr. Kasofsky	<ul style="list-style-type: none"> <li>Communications: Dr. Kasofsky stated that the CAHSD Board Orientation was held prior to the meeting as scheduled.</li> <li>The Behavioral Health Collaborative meeting is scheduled for March 22, 2019. An update will be provided to the community on the progress made since the opioid plan was released to the public. Meeting notices will be sent out soon.</li> <li>The Louisiana Department of Health, Office of Behavioral Health has invited the community and providers to attend meetings during their regional Listening Tour. CAHSD is co-hosting the community meeting. The two meetings in Baton Rouge are on 2/14. More details are provided in the Board meeting handouts.</li> </ul>	
Faith Based Forum on Responding to the Opioid Epidemic	Dr. Kasofsky	<ul style="list-style-type: none"> <li>There will be a Faith Based Forum on Responding to the Opioid Epidemic at CAHSD in March. Pastors will be invited to come to obtain a better understanding of addiction, risks associated with opioid use and how to get help for people. Pastors will also receive free Narcan kits.</li> </ul>	Dr. Kasofsky will provide an update at the March Board meeting.
LDH Contract	Dr. Kasofsky	<ul style="list-style-type: none"> <li>Dr. Kasofsky reported that the LDH contract is 68 pages long. She stated that she gave LDH 16 points in the contract that she wanted addressed. Only 8 points were addressed. The “deal killers” weren’t addressed. The CAHSD attorney is involved and Dr. Kasofsky will not sign the contract if certain language isn’t changed. To her knowledge, none of the Executive Directors have signed the contract.</li> </ul>	

DOC Grant	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• DOC Contract, CAHSD has teamed with Louisiana Health Care Equity (LHCE)/Alma Stewart, President and Founder to provide services for this grant. The grant provides funding to help reunite families after long incarcerations and provides assistance with job placement and training. <ul style="list-style-type: none"> <li>➤ Unfortunately, LHCE doesn't have audited financial statements and CAHSD is unable to contract with the organization.</li> </ul> </li> <li>• CAHSD has been given additional time by DOC to determine who to get this contract executed to bring the services to EBR.</li> </ul>	
Re-Initiation of Telemedicine	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• Dr. Kasofsky reported that CAHSD began using telemedicine last week. She stated that CAHSD has utilized telemedicine in the past but had to stop the service because at the time, it was cost prohibitive based on policy changes by the State. CAHSD has entered into a telemedicine contract with Genoa (CAHSD's pharmacy provider) and they have given us very good rates. <ul style="list-style-type: none"> <li>➤ Currently using telemedicine to fill in where we don't have adequate doctor time to address the needs of our clients.</li> <li>➤ Telemedicine will be utilized in the following locations: Donaldsonville (for adolescents), CBHS, and MDMHC in Baton Rouge.</li> <li>➤ All CAHSD facilities are setup to use telemedicine if needed.</li> <li>➤ The telemed physician will be able to see patients no matter where they were originally scheduled.</li> </ul> </li> </ul>	
Integrated Care: BR Clinic Satellite/OHCC-CABH, OHCC-MDMHC	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• Integrated care is moving along well. The OHCC staff have already started having a role in our building. OHCC staff are in safety training today.</li> <li>• MDMHC, as mentioned previously, will be relocating to Howell Place Medical Building across the street from its current location and will collocate with OHCC if/when a rental agreement is finalized.</li> </ul>	
Relocations/Moves: MDMHC (NBR), Government Street Campus (EBR)	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• CAHSD is still searching for suitable locations to relocate the Government Street CAHSD clinics/programs. <ul style="list-style-type: none"> <li>➤ EMT toured the old Woman's Hospital. The building is in bad condition. It hasn't been used in approximately 10 years. Dr. Kasofsky provided an overview of the barriers of moving to this location.</li> <li>➤ EMT toured the BRG Mid-City location a second time and looked at areas that we had not seen previously. Dr. Kasofsky explained how the space might be utilized. She stated that the Bridge Center is potentially also looking at the space on the floor below the area CAHSD is considering.</li> </ul> </li> </ul>	
CAHSD Opioid Response: Suboxone,	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• Dr. Kasofsky reported that CAHSD will have a Suboxone Clinic at CABH. Dr. Cataldie is on contract and the plan is to have the clinic</li> </ul>	

<p>Grief Counseling, Mobile Team,</p>		<p>up and running in February. CAHSD has been working on policies and how to best market the program.</p> <ul style="list-style-type: none"> <li>• A cap will need to be set on the number of indigent clients receiving Suboxone in the clinic due to the expense. Based on the Federal Grant that the State received, there is support for about 20 people at a time. We would have 2 indigent slots at a time. <ul style="list-style-type: none"> <li>➤ Dr. Kasofsky thinks there will be broad issues around the use of Suboxone. Many providers aren't being monitored and providers are prescribing the drug but not providing the needed psychotherapy.</li> <li>➤ People coming to CAHSD must agree to be in an IOP treatment program (Intensive Outpatient Therapy). The focus will be to taper the clients off of Suboxone. The majority of the people should be able to taper off within a 6 month period.</li> </ul> </li> <li>• The State grant for opioids included a grief counselor. CAHSD has hired Ms. Knox who lost a son to opioid use and implemented a national program called Parents of Addicted Loved Ones (PALS). Ms. Knox will offer a free grief and loss program at CAHSD free of charge and open to the public. They won't be admitted as CAHSD clients.</li> <li>• Part of the Opioid Response Grant is to fund a mobile team to go out and get people plugged into treatment. They team will have free Narcan kits to distribute. A lead for the mobile team has been hired and has worked with EMS. Dr. Kasofsky hopes to connect with local emergency departments so when people who have overdosed are released, we can encourage them to get into treatment.</li> </ul>	
<p>Strategic Plan 2019-2022</p>	<p>Dr. Kasofsky</p>	<ul style="list-style-type: none"> <li>• Dr. Kasofsky explained that the plan is a draft at this point. She would like Board input and the EMT to review. The plan will be finalized after Dr. Kasofsky attends the public hearings next week. Board members are to let Dr. Kasofsky know if they have items they want to include. Dr. Kasofsky will reissue once all input is included/considered.</li> <li>• Board takes action on the plan (votes) but it is Dr. Kasofsky's responsibility for the development and to make sure it is followed.</li> <li>• The plan goes through 2022.</li> <li>• In 6 months, Dr. Kasofsky will identify the progress made on the most urgent plan items.</li> <li>• Although the plan covers several years, less urgent items will be pended until the following year. The Board will receive the 6 month status and a year status report.</li> </ul>	<p>Put on agenda next month if needed.</p>
<p>SGR Report – December 2018</p>	<p>Dr. Kasofsky</p>	<ul style="list-style-type: none"> <li>• Dr. Kasofsky provided an overview of the report. CAHSD is near the goal for this time period. There are still outstanding funds that we are</li> </ul>	

		in the process of collecting. Closure for holidays impacts the collections.	
Budget Update 2019	Dr. Kasofsky R. Harris	<ul style="list-style-type: none"> <li>• R. Harris, Accountant Administrator, provided a detailed overview of the 2019 Budget and stated that CAHSD currently has about 48% remaining. CAHSD is on track with current spending trends and remain within our budget.</li> </ul>	
Budget Request 2020	Dr. Kasofsky R. Harris	<ul style="list-style-type: none"> <li>• R. Harris gave an overview of the 2020 budget requests. She stated that this report shows the amount of money CAHSD actually spent and expended in 2018, and the next amount is what CAHSD requested and is currently operating on in 2019. In 2020, CAHSD requested an increase that ties into our new and expanded requests. There is a difference in the total, caused by the market increases that the State gives to employees.</li> <li>• Dr. Kasofsky and R. Harris will get together on funds that can be used for the crisis stabilization unit. CAHSD will have funding for at least a year if we need to assist.</li> <li>• Dr. Kasofsky explained mobile team funding. She said this year CAHSD was offered additional funds from a federal grant for a 2<sup>nd</sup> mobile team for 1 year. The 2<sup>nd</sup> team is needed and CAHSD is requesting funding in the coming budget.</li> <li>• Dr. Kasofsky stated that ‘new and expanded’ dollars were requested to fund new programs in the strategic plan.</li> <li>• ACT teams connect with the Assisted Outpatient Treatment program that provides intensive treatment wherever a person is located. (i.e. apartment etc.) The current ACT team in the community is full. We’ve asked for an additional staff person to coordinate the program and keep track of required data.</li> <li>• CAHSD has requested funding for 4 new cars to replace those in disrepair.</li> </ul>	
Bridge Center Update (Membership and Community Relations) Pretrial Program	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• Dr. Kasofsky provided a Bridge Center update. She is on the nominating committee, community relations committee and chairman of the operations committee. Denise Dugas has offered to be co-chair.</li> <li>• Dr. Kasofsky and Kathy Kliebert, Bridge Center Chairman, have meetings with 2 national companies to discuss operating the stabilization unit.</li> </ul>	
Board Membership	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• CAHSD still has one vacancy each in West Baton Rouge and West Feliciana Parishes. Since the last Board meeting, Ellen Palmintier with Boards &amp; Commissions, informed CAHSD that Becky Katz is not eligible for reappointment because she has served 3 consecutive terms.</li> <li>• Reappointment paperwork will soon be submitted for Dr. Carpenter and Kathy D’Albor. I expect to receive the same response from</li> </ul>	

		Boards and Commissions regarding their eligibility. <ul style="list-style-type: none"> <li>Board members not eligible for reappointment are able to continue to serve until the close of the 2<sup>nd</sup> regular session after their terms expired. Per Ellen Palmintier, their seats will become vacant as a matter of law on June 2, 2020.</li> </ul>	
Report from Chairman			
<b>Board Policy Review by Direct Inspection/Board Business</b>			
2018 Ends Policy	Mr. Sawyer	<ul style="list-style-type: none"> <li>2018 Ends Policy was reviewed by the Board members. Ms. Pearson made a motion to accept without changes. Ms. D'Albor seconded the motion.</li> </ul>	There were no objections and the motions passed.
Financial Planning and Budgeting	Mr. Sawyer	<ul style="list-style-type: none"> <li>Financial Planning and Budgeting was reviewed by the Board members. Ms. Pearson made a motion to accept without changes. Ms. D'Albor seconded the motion.</li> </ul>	There were no objections and the motions passed.
Financial Condition & Activities	Mr. Sawyer	<ul style="list-style-type: none"> <li>Financial Condition &amp; Activities was reviewed by the Board members. Dr. Permenter made a motion to accept without changes. Dr. Carpenter seconded the motion.</li> </ul>	There were no objections and the motions passed.
Policy Review Assignment Member's Code of Conduct & Conflict of Interest Policy	Mr. Sawyer	<ul style="list-style-type: none"> <li>The policy review assignment was pended to the March meeting due to the absence of Ms. Hobby.</li> </ul>	Pended to next Board meeting
Next Policy Assignment	Mr. Sawyer	<ul style="list-style-type: none"> <li>Policy Review Assignment: A new policy review assignment was not made.</li> </ul>	
Adjournment	Mr. Sawyer	<ul style="list-style-type: none"> <li>The meeting was adjourned.</li> </ul>	
Next Meeting	Mr. Sawyer	The next CAHSD Board meeting will be on March 11, 2019, at 1:00 p.m. at 4615 Government Street, Building 2, Room 200A.	